

A c t i v i t i e s



People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk on water or in thin air, but to walk on earth.

Nhat Hanh

DIFFERENT WAYS OF WALKING

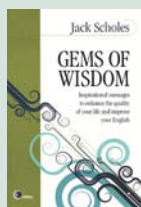
1) Match the verbs on the left to the explanations on the right.

<input type="checkbox"/> 1) To stride	A. To walk in a slow, uneven way, usually because you have hurt your leg or foot.
<input type="checkbox"/> 2) To trek	B. To walk with regular, forceful steps like a soldier, often because you are angry.
<input type="checkbox"/> 3) To backpack	C. To walk on your toes with your heel off the ground.
<input type="checkbox"/> 4) To wade	D. To get up and go for a walk after sitting in the same position for a long time.
<input type="checkbox"/> 5) To stretch your legs	E. To walk quickly with long steps.
<input type="checkbox"/> 6) To stroll	F. To walk with a lack of balance, as if you have trouble standing or walking.
<input type="checkbox"/> 7) To limp	G. To make a long hard journey on foot, usually over hills or mountains or through forests.
<input type="checkbox"/> 8) To stagger	H. To walk with difficulty through deep water.
<input type="checkbox"/> 9) To march	I. To walk in a slow, relaxed way, especially for pleasure.
<input type="checkbox"/> 10) To tiptoe	J. To go on a walking holiday carrying your clothes and things you need in your backpack.

2) Now put the correct form of these verbs in the sentences below.

1. The river was deep and we had to _____ across to the other side.
2. After driving for a couple of hours it's a good idea to stop and _____.
3. He _____ across the room and lovingly embraced her.
4. She twisted her ankle and had to _____ across the car park to get to her car.
5. We _____ around the park after lunch.
6. We _____ around South America during the summer holidays.
7. She had an argument with the manager and _____ out of the shop.
8. I have _____ all over the Himalayas.
9. The drunken man _____ out of the pub.
10. She _____ quietly past the children's bedroom, trying not to be heard.

Reference
Gems of Wisdom
See PromoMag Page XX



2) ANSWERS:
1. wade / 2. stretch your legs / 3. strode / 4. limp / 5. strolled / 6. backpacked / 7. marched / 8. trekked / 9. staggered / 10. tiptoed

1) ANSWERS:
1) e / 2) g / 3) j / 4) h / 5) d / 6) i / 7) a / 8) f / 9) b / 10) c